

UMA Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00am – 12:30pm Adult No Gi Jiu Jitsu	11:00am-12:30pm Adult Gi Jiu Jitsu	11:00am – 12:30pm Adult No Gi Jiu Jitsu	11:00am – 12:30pm Adult Gi Jiu Jitsu		11:00am – 1:00pm Open Mat
4:30pm – 5:30pm Kids Wrestling	4:30pm – 5:30pm Kids Sanda	4:30pm – 5:30pm Kids Gi Jiu Jitsu	4:30pm – 5:30pm Kids Sanda	4:30pm – 5:30pm Kids No Gi Jiu Jitsu	
6pm – 7pm No Gi Jiu Jitsu Sanda Fundamentals	6pm – 7pm No Gi Jiu Jitsu Sanda Fundamentals	6pm – 7pm No Gi Jiu Jitsu Sanda Fundamentals	6pm – 7pm No Gi Jiu Jitsu Sanda Fundamentals	6pm – 7pm Wrestling	
7pm – 8 pm Gi Jiu Jitsu Sanda Comp. Class	7pm – 8 pm Gi Jiu Jitsu Sanda Comp. Class	7pm – 8 pm Gi Jiu Jitsu Sanda Comp. Class	7pm – 8 pm Gi Jiu Jitsu Sanda Comp. Class	7pm – 8pm MMA Specific Training	
8pm – 9pm Open Mat	8pm – 9pm Open Mat	8pm – 9pm Open Mat	8pm – 9pm Open Mat		

No class on Sunday

(806) 698-6100

Email: umacontactus@gmail.com